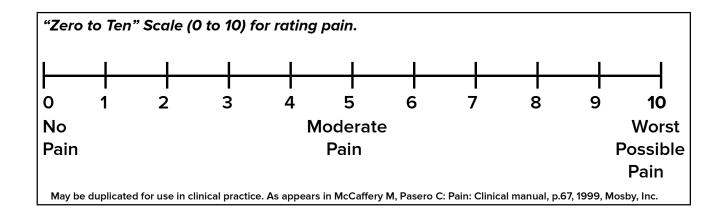
## 0 to 10 Number Pain Rating Scale

Choose the number that shows how much pain you feel. Use this number to rate your pain.



## **Faces Pain Rating Scale**

Choose the face that shows how much pain you feel and use the number under that face to rate your pain.



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## Pain Management Log

How severe was the pain 3 hours after taking medicine?			
How severe was the pain 1 hour after taking medicine?			
What medicine did you take?			
What activity were you doing when you rated your pain?			
How severe is your pain?			
Time			
Date			